



Reflect on your experience

1. What stays with you from these passages?

2. What qualities do you admire in the people you call holy?

3. How do you live out your call to holiness everyday:
 - a. In your family ?
 - b. In your workplace ?
 - c. In your parish ?

4. What helps you grow in holiness everyday ?

Final Prayer:

Lord our God

You call us to live lives of holy goodness

Through the help of your Holy Spirit help us

to respond more fully to your call

and to transform the activities and events of everyday life

into holy moments.



VATICAN II 50 years on

THEME 1: Called to be holy

Return to the source:

*We are called to holiness by Christ himself,
who taught, in the words of St Matthew
that we must be 'perfect as God is perfect.'
By transforming the activities and events
of everyday life into holy moments,
all the faithful grow in this perfection
and the world more and more resembles God's Reign.*

*So it is clear that everyone,
lay, religious and ordained is called to be holy.*

*'Love God with all your heart,' the Scriptures tell us,
'with all your soul,
with all your understanding,
with all your strength.*

Love one another as Christ loves you.'

*These commandments in Scripture
are really an invitation to be holy.*

From the Second Vatican Council
Constitution on the Church para. 40.
November 21 1964

Recall *what the Catechism is saying*

‘The Church on earth is endowed already with a sanctity that is real though imperfect.



In her members perfect holiness is something yet to be acquired:

‘Strengthened by so many and such great means of salvation, all the faithful, whatever their condition or state—though each in his own way—are called by the Lord to that perfection of sanctity by which the Father himself is perfect.’

CCC 825

‘Charity is the soul of the holiness to which all are called: it governs, shapes and perfects all the means of sanctification.’

CCC 826

YOUCAT 342

Are we all supposed to become ‘saints’?

Yes. The purpose of life is to be united with God in love and to correspond entirely to God’s wishes.

We should allow God ‘to live his life in us.’

Remember *what saints have said*

If the Church was a body composed of different members, it couldn’t lack the noblest of all: it must have a Heart, and a Heart burning with love.



And I realised that this love alone was the true motive force which enables the other members of the Church to act;

If it ceased to function,

the Apostles would forget to preach the gospel,

the Martyrs would refuse to shed their blood.

Love, in fact, is the vocation which includes all others,

It’s a universe of it’s own, comprising all time and space,

it’s eternal.

*St. Therese of Lisieux
Autobiography of a Saint*

